## Department of Physics in association with Counselling Cell of National Institute of Technology Srinagar

Invites you to a webinar & interactive session on

## "Engineering Happiness: Secrets of Mental Fitness for Successful Life"

by



## Dr. Arun Bhardwaj, Founder & Chief Mentor | Happiness Technology

Date: September 22, 2020, Time: 03:00-04:00 PM (IST)

Registration Link: https://forms.gle/JFukEFgLu4ggXWvm8

**About the Speaker:** Dr. Arun has inspired inner-transformation to achieve peak performance mindset in 300+ corporations and academic institutions in Asia, Europe and Africa with his Engineering Happiness® programs. He has been a guiding force to more than 75,000 business leaders and youth worldwide in their pursuit of excellence. He was conferred with the "Friend of Africa Award for Social Impact" at Pan African Humanitarian Summit 2019 for his Engineering Happiness Tour of Africa and "Inspiring One Million Smiles in Africa" campaign. He has been

conferred "51 Most Fabulous Global Happiness Leaders" award at World HRD Congress. His impressive list of mentees includes Fortune 500 companies, young startups, premier academic institutions, industry consortiums, and government organizations. **For more information, please visit <u>www.arunb.com</u> or Email <u>arunb@arunb.com</u>** 

**Moderators** 





Dr. Vijay Kumar D

Dr. Neeraj Gupta

**Prof. Prince A Ganai** 

Head, Physics

Patron & Chairman



Prof. Rakesh Sehgal, Director NIT Srinagar